

Family Name:  
Family Planning Retreat  
Location:

*Delight yourself in the LORD and He will give you the desires of your heart. Commit your way to the LORD; trust in Him and He will do this: He will make your righteousness shine like the dawn, the justice of your cause like the noonday sun. Psalm 37:4-6*

*Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us. Let us keep our eyes fixed on Jesus, the author and protector of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God. Consider Him who endured such opposition from sinful men so that you will not grow weary and lose heart. Hebrews 12:1-3*

I. Pray

II. Reflect on the Past Year

- |               |   |
|---------------|---|
| Marriage      | <ul style="list-style-type: none"><li>• Growth together<ul style="list-style-type: none"><li>○ Managing expectations (about schedules, time off, etc)</li><li>○ Communicating concerns, differences of opinion</li><li>○ Focus on Christ—praying together, studying together</li><li>○ Spending time together</li></ul></li><li>• <i>Other Examples</i></li></ul> |
| Family        | <ul style="list-style-type: none"><li>• <i>Discussion of growth in each child</i></li><li>• <i>Reflection on family events, activities, retreats, vacations, etc.</i></li></ul>   |
| Church/Body   | <ul style="list-style-type: none"><li>• <i>Role in ministry, outreach, discipleship, etc.</i></li></ul>   |
| Work/School   | <ul style="list-style-type: none"><li>• <i>Highlights from work, school, focus on ways God was at work in work/school situations</i></li><li>• <i>Summarize school for each kid</i></li></ul>   |
| Personal Life | <ul style="list-style-type: none"><li>• Summary of activities outside work/school/church</li><li>• May include family visits, etc.</li></ul>  |
| Finances      | <ul style="list-style-type: none"><li>• Income = \$XXX</li><li>• Taxes = \$XXX (incl Fed, Med, and Soc Scty)</li><li>• Investments = \$XXX</li><li>• Giving (tithes, giving, other support) = \$XXX</li><li>• Net Worth = \$XXX</li></ul>   |
| God Speaking  | <ul style="list-style-type: none"><li>• <i>Examples of ways in which God spoke thru the past year</i></li></ul>   |

III. Family Mission Statement: in general, and specifically for the coming year

IV. Look at the Coming Year

	Goals	Objectives
Marriage	<ul style="list-style-type: none"> <li>• As a couple, grow in the Lord</li> <li>• As a couple, grow closer</li> </ul>	<ul style="list-style-type: none"> <li>• Read same devotions</li> <li>• Prayer together-use notebook to guide our prayers</li> <li>• Bible study together</li> <li>• Dates (at home or out)</li> <li>• Read a marriage building book together</li> <li>• A couples' retreat</li> </ul>
Family	<ul style="list-style-type: none"> <li>• As a family, grow in the Lord</li> <li>• As a family, grow together</li> </ul>	<ul style="list-style-type: none"> <li>• Consistent bedtime prayers</li> <li>• After dinner devotions</li> <li>• Special time w/ each child</li> <li>• Weekly family fun nights</li> <li>• Vacations</li> <li>• Traditions (old and new)</li> </ul>
Church/Body	<ul style="list-style-type: none"> <li>• Family ministry</li> <li>• Family mission</li> </ul>	<ul style="list-style-type: none"> <li>• Support/visit certain missions</li> <li>• Regularly invite others to share our home</li> </ul>
House/ Property	<ul style="list-style-type: none"> <li>• Projects</li> </ul>	
Work/School	<ul style="list-style-type: none"> <li>• Husband</li> <li>• Wife</li> <li>• Children's schooling/ education</li> </ul>	<ul style="list-style-type: none"> <li>• Pray/decide about children's schooling next year (public/ private/home)</li> <li>• Integrating faith into schooling</li> <li>• Chores</li> <li>• Maximize travel opportunities</li> </ul>
Personal Life	<ul style="list-style-type: none"> <li>• Spiritual Growth</li> <li>• Physical Growth</li> <li>• Intellectual Growth</li> </ul>	<ul style="list-style-type: none"> <li>• Daily quiet times/devotion</li> <li>• Regular physical exercise</li> <li>• Eat right</li> <li>• Medical needs</li> <li>• Professional reading</li> <li>• Mentoring others</li> </ul>
Finances	<ul style="list-style-type: none"> <li>• Good stewards of God's provision</li> <li>• Tithe: \$XXX</li> <li>• Other Offerings</li> </ul>	<ul style="list-style-type: none"> <li>• Invest \$XXX</li> <li>• Education: \$XXX (gifts, balance from other savings or from income)</li> <li>• Care for possessions</li> <li>• <i>Church</i></li> <li>• <i>Missions</i></li> <li>• <i>Needy</i></li> <li>• <i>Other</i></li> <li>• Continue to look at things we don't need (clothes, furniture, etc.) and donate to charities</li> </ul>

## V. Plan Follow Up

- *Here we list “due outs” or things we want to get done, actions required from list above, things to revisit later in the year, etc.*