**Canned:** Peanut Butter

Almond Butter

Nutella

Jelly/ Jam

Pickles

Salsa

Soup

Diced Tomatoes

Pasta Sauce

Pizza Sauce

Water Chestnuts

Tuna fish, salmon, chicken

**Baking:** Almonds

Walnuts

Pecans

Macadamia Nuts

Cashews

Sunflower Seeds

Raisins

Craisins

Figs

Dates

Chocolate Chips

**Condiments:** Mayo

Ketchup

Mustard

A1

BBQ

Lemon or Lime Juice

**Dry Goods:** Oatmeal

Rice Cereal

Rice Cakes

Maple Syrup

Honey

White Vinegar

Olive Oil

Coconut Oil

gf pasta

rice noodles (stir fry)

Rice

Corn chips

**Breads:** gf baguette**,** bread, rolls

gf crackers, pretzels

regular bread, rolls

**Frozen:** Green Beans

French Fries

Pizza: gf, regular

Berries

Ice Cream

**Dairy:** eggs

Milk

Sour Cream

Cream Cheese

Whipping Cream

Butter

American Cheese

Cheese: Cubes, Block, Shredded

Yogurt (plain)

Yogurt (flavored cups)

**Meat:** Sausages

Hard Salami

Ham Slabs

Bacon

Loose Sausage

Fish

Chicken

Pork

Beef

**Produce:** Lemons

Bananas

Apples

Grapes

Melon

Berries

Seasonal Fruit for desserts

Sweet Potatoes

Potatoes

Avocados

Carrots

Brocc. (3 heads)

Caul. (1 large head)

Sugar Snap Peas

Spinach

Tomatoes: Grape, Slicing

Cucumbers

Peppers

Garlic, Onion

Ginger

Baked Potatoes

Sweet Potatoes

Guacamole

Dip

Hummus

**Snacks:** crackers, cookies, goldfish, etc.

**Baby food:**